

HEIGHT 5'8" DRESS 2 BUST 34" WAIST 24" HIP 33" SHOE 7.5 HAIR BROWN EYES BROWN



American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN

Editorial content reviewed by the  
American Academy of Pediatrics.

# becoming **US**

A COMPREHENSIVE RESOURCE GUIDE FOR GETTING READY FOR BABY



**TOP TIPS FOR SAFETY**

**BABY GEAR MUST-HAVES**

SWEET RETREATS...  
**ROOM FOR BABY!**

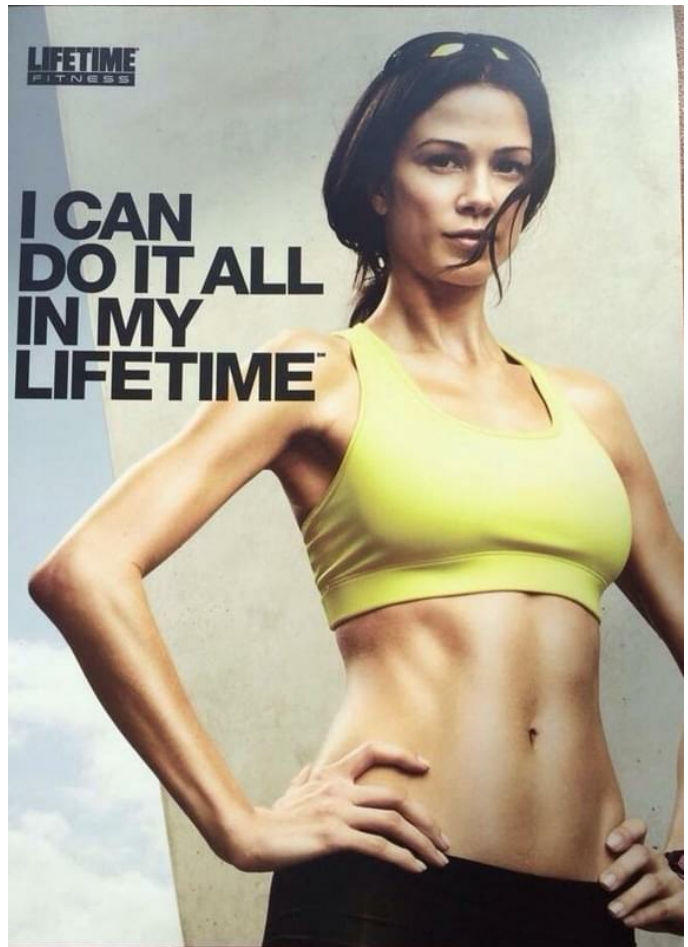
THE ABCs OF  
**NURSING,**  
MEALTIME & MORE

SPRING/SUMMER 2011

**Toys R Us BABIES R Us**

**LIFETIME FITNESS**

# I CAN DO IT ALL IN MY LIFETIME™





**Access Chocolate Raspberry Rush**

120	0g	1g	9g	5g	10g
CALORIES	TOT FAT	DIETARY FIBER	TOTAL SUGAR	TOTAL FAT	TOTAL CARB

PER SERVING

Access blocks adenosine, a hormone that slows down your body's fat-burning and muscle-recruitment processes.

With Access, your body is better able to turn fat into fuel as you exercise. And with clinically proven CLA inside, Access technology helps your body burn fat more efficiently, reduce the size of fat cells, and build lean muscle.<sup>1</sup>

- Access® Exercise Bars** 10 pack
- \*4209 | Chocolate 5' Inches Sighs! *Limited Time Only*
  - \*4201 | Chocolate Caramel Kluncher GF
  - \*4202 | Mint Chocolate Ice GF
  - \*4203 | Chocolate Peanut Butter Krisp GF
  - \*4204 | Chocolate Coconut Krack
  - \*4256 | Chocolate Raspberry Rush GF
- LEARN MORE**

**Access® Bars Pantry Pack** 2 boxes *NEW!*

\*4205 | \$41.00 REGULAR PRICE  
**SAVE 30% \$28.50** *PREPARED CUSTOMER (16pts)*

[melaevica.com/access](http://melaevica.com/access) **GO**

<sup>1</sup> Compared to having the products individually at Preferred Customer price.  
 In a double-blind, placebo-controlled study, CLA users showed a significant reduction in weight, BMI, and body fat mass versus placebo. CLA users also significantly increased lean body mass.

<sup>2</sup> When 3 grams of pure CLA are consumed daily for several weeks, Access Bars and Shake contain 15 grams of pure CLA per serving.

Access unlocks the energy you need to start your exercise and keep going with greater endurance and less fatigue. You'll get the workout you want—and the fat-burning results you're hoping for.

Access technology, with the patented power of natural CLA, is clinically proven to:

- Help reduce body fat<sup>1</sup>
- Increase lean muscle and help improve muscle tone<sup>2</sup>
- Help keep fat off and prevent weight regain<sup>2</sup>
- Increase endurance with less fatigue and soreness



**Access® Exercise Shake**  
 14 servings • GF

\*4200 | Chocolate Slam  
 \$25.50 REGULAR PRICE  
**\$17.49** *PREPARED CUSTOMER (10pts)* **SAVE 31%**

**Access® Exercise Shake Pantry 2-Pack NEW**  
 Two 14-serving bags *NEW!* **SAVE 30% \$3.00**  
 \*540 | \$45.00 REGULAR PRICE  
**SAVE 31% \$31.98** *PREPARED CUSTOMER (17pts)*

ORGANIQUE

# PURE ingredients. PURE sparkle!



Award-winning, best-selling, best-tasting **Toothpaste**. Contains - **Organic Neem**, for natural oral immunity and a healthy mouth. Antioxidant rich **Organic Pomegranate** for healthy gums. **Xylitol** (from birch wood), a tooth-friendly, natural sweetener that supports a healthy mouth.



- Fluoride **FREE** • Saccharin **FREE**
- Sodium Lauryl Sulfate (SLS) **FREE**
- Gluten **FREE** • Vegan



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*Your Body. Our World.™*

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